

## **MODELO DE CURRICULUM**

(Junta Directiva SEN)



**NOMBRE:** Ascensión Marcos Sánchez/Ascensión Marcos

**TITULACIÓN:** Doctora en Farmacia. Especialista en Análisis Clínicos/PhD in Pharmacy. Specialization on Clinical Analysis.

**CARGO ACTUAL:** Profesora de Investigación del CSIC/Full Research Professor at the Spanish National Research Council

### **CARGOS/REPRESENTACIONES MÁS IMPORTANTES:**

Presidenta de la Federación Española de Sociedades de Nutrición, Alimentación y Dietética (FESNAD)/President of the Spanish Federation of Societies of Nutrition, Food and Dietetics

Presidenta de la Federación de Sociedades Europeas de Nutrición (FENS)/President of European Nutrition Societies

Presidenta de la Sociedad Internacional de Inmunonutrición (ISIN)/President of the International Society for Immunonutrition

### **PRINCIPALES LÍNEAS DE INVESTIGACIÓN:**

Inmunonutrición/Immunonutrition

### **PUBLICACIONES MÁS IMPORTANTES:**

Evaluation of *Lactobacillus coryniformis* CECT5711 strain as a coadjuvant in a vaccination process: a randomised clinical trial in healthy adults. Redondo N, Nova E, Gheorghe A, Díaz LE, Hernández A, **Marcos A**. *Nutr Metab (Lond)*. 2017 Jun 14;14:39. doi: 10.1186/s12986-017-0193-3. eCollection 2017.

Increased naive CD4+ and B lymphocyte subsets are associated with body mass loss and drive relative lymphocytosis in anorexia nervosa patients. Elegido A, Graell M, Andrés P, Gheorghe A, **Marcos A**, Nova E. *Nutr Res*. 2017 Mar;39:43-50. doi: 10.1016/j.nutres.2017.02.006. Epub 2017 Feb 6.

Association between dietary inflammatory index and inflammatory markers in the HELENA study. Shivappa N, Hebert JR, **Marcos A**, Diaz LE, Gomez S, Nova E, Michels N, Arouca A, González-Gil E, Frederic G, González-Gross M, Castillo MJ, Manios Y, Kersting M, Gunter MJ, De

Henauw S, Antonios K, Widhalm K, Molnar D, Moreno L, Huybrechts I. Mol Nutr Food Res. 2017 Jun;61(6). doi: 10.1002/mnfr.201600707. Epub 2017 Feb 22. Review

Controversies about sugars consumption: state of the science. Rippe JM, **Marcos A**. Eur J Nutr. 2016 Nov;55(Suppl 2):11-16. doi: 10.1007/s00394-016-1227-8. Epub 2016 Jun 20.

The Role of Probiotics on the Microbiota: Effect on Obesity. Nova E, Pérez de Heredia F, Gómez-Martínez S, **Marcos A**. Nutr Clin Pract. 2016 Jun;31(3):387-400. doi: 10.1177/0884533615620350. Epub 2016 Feb 11. Review.

Television viewing time and risk of eating disorders in Spanish adolescents: AVENA and AFINOS studies. Martínez-Gómez D, Veses AM, Gómez-Martínez S, Pérez de Heredia F, Castillo R, Santaliestra-Pasias AM, Calle ME, Garcia-Fuentes M, Veiga OL, **Marcos A**. Pediatr Int. 2015 Jun;57(3):455-60. doi: 10.1111/ped.12662.

Influence of sex, age, pubertal maturation and body mass index on circulating white blood cell counts in healthy European adolescents—the HELENA study. Pérez-de-Heredia F, Gómez-Martínez S, Díaz LE, Veses AM, Nova E, Wärnberg J, Huybrechts I, Vyncke K, Androutsos O, Ferrari M, Palacios G, Wastlund A, Kovács É, Gottrand F, González-Gross M, Castillo MJ, Sjöstrom M, Manios Y, Kafatos A, Molnár D, Widhalm K, Moreno LA, **Marcos A**; HELENA Study Group. Eur J Pediatr. 2015 Aug;174(8):999-1014. doi: 10.1007/s00431-015-2497-5. Epub 2015 Feb 10.

Cognition and the risk of eating disorders in Spanish adolescents: the AVENA and AFINOS studies. Veses AM, Gómez-Martínez S, de Heredia FP, Esteban-Cornejo I, Castillo R, Estechea S, García-Fuentes M, Veiga OL, Calle ME, **Marcos A**. Eur J Pediatr. 2015 Feb;174(2):229-36. doi: 10.1007/s00431-014-2386-3. Epub 2014 Jul 31.

Follow-up in healthy schoolchildren and in adolescents with Down syndrome: psycho-environmental and genetic determinants of physical activity and its impact on fitness, cardiovascular diseases, inflammatory biomarkers and mental health; the UP&DOWN study. Castro-Piñero J, Carbonell-Baeza A, Martinez-Gomez D, Gómez-Martínez S, Cabanas-Sánchez V, Santiago C, Veses AM, Bandrés F, Gonzalez-Galo A, Gomez-Gallego F, Veiga OL, Ruiz JR, **Marcos A**; UP&DOWN Study Group. BMC Public Health. 2014 Apr 25;14:400. doi: 10.1186/1471-2458-14-400.

Physical fitness, overweight and the risk of eating disorders in adolescents. The AVENA and AFINOS studies. Veses AM, Martínez-Gómez D, Gómez-Martínez S, Vicente-Rodriguez G, Castillo R, Ortega FB, González-Gross M, Calle ME, Veiga OL, **Marcos A**; AVENA; AFINOS Study Groups. Pediatr Obes. 2014 Feb;9(1):1-9. doi: 10.1111/j.2047-6310.2012.00138.x. Epub 2013 Jan 31.